## **Meet Pathways' Medical Directors**



**Denis Bouvier, DO** leads the team of medical directors. He is board certified in internal medicine and hospice and palliative medicine; he is also a diplomat of the American Academy of Pain Medicine. Dr. Bouvier is the medical director for St. Mary's Medical Center Palliative Care Consult Service and co-director of the palliative care program

at El Camino Hospital in Mountain View, one of Pathways' parent hospitals.



**Bill Fowkes, MD**, is board certified in internal medicine and family medicine with added qualifications in geriatrics. He is a former California Home Care Physician of the Year and is a professor emeritus at Stanford University School of Medicine, his alma mater.



**Ellen Brown, MD** leads hospice and pediatric and adult palliative care teams for Pathways. She was recognized with the Physician of the Year Award from the California Association for Health Services at Home and is board certified in internal medicine and hospice and palliative care. Prior to coming to Pathways in 1998, Dr. Brown was on the clinical faculty of Stanford

University School of Medicine. She continues to work with medical students, residents, and fellows in a home hospice rotation.



Neda Pakdaman, MD, did her medical training at Yale University and is board certified in internal medicine. She is an adjunct clinical instructor at Stanford University School of Medicine. Dr. Pakdaman is fluent in French as well as in speaking Farsi and Spanish.



**Ronda Macchello, MD**, is board certified in internal medicine and has a noteworthy background as a speech and language pathologist. In addition to her part-time work as a medical director for Pathways, Dr. Macchello is a physician with the Palo Alto Medical Foundation. She has a special interest in interfaith ministry.



**Quy Nguyen-Hoang Tran, MD**, leads clinical teams in our Oakland office. He is board certified in internal medicine with a subspecialty in medical oncology, and did a clinical fellowship in hospice and palliative medicine at Stanford. As with many of Pathways' medical directors Dr. Tran has a diverse background with a degree in civil engineering.



Jagmohan Khaira, MD, is board certified in internal medicine and is a member of the American Academy of Hospice & Palliative Medicine. Dr. Khaira is an experienced hospice medical director, is on staff at Alameda Hospital, and serves as medical director at an Oakland SNF. Dr. Khaira likes to play soccer, run and cook, and keeps busy with 5 year old twins and a toddler.



**Charleston Cone, MD**, is board certified in both internal medicine and in hospice and palliative medicine and is an experienced hospice medical director. His background also includes work with a PACE program and clinic settings. Dr. Cone works primarily with patients in our Oakland office. Among Dr. Cone's interests are bicycling and music, and he originally hales from Georgia.

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## Home Health & Hospice

## Pharmacists on the Hospice Team



When the healthcare team includes a pharmacist, patients fare better. This was the conclusion of a review of 298 studies published in the journal *Medical Care*. Research has shown better outcomes in palliative care, diabetes, hypertension and high cholesterol.

Pharmacist participation in patient care was also associated with a nearly 50% decrease in adverse drug reactions, fewer medication errors, improved patient compliance with drug regimens, and higher overall quality of life scores.

Victoria Ferraresi, PharmD, FASHP, FCSHP, Pathways Director of Pharmacy Services

Pathways Home Health & Hospice is the only Bay Area hospice to have pharmacists on staff: Victoria Ferraresi, PharmD, FASHP, FCSHP, Pathways Director of Pharmacy Services and Denise Schoenberger, PharmD.

Medicare does not mandate a pharmacist's involvement in hospice, but drugs used to manage symptoms are such a large part of hospice care that Pathways feels this is the right thing to do.



Denise Schoenberger, PharmD

Dr. Ferraresi manages the hospice prescription plan and oversees the drug therapy for 400-500 patients in five Bay Area counties. This involves ensuring we provide effective and safe drug therapy, while also managing drug costs.



She also acts as a consultant to Pathways nurses and meets monthly with medical directors to discuss issues related to drug therapy.

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